

# Valid for flight simulation use only - do not use for real life navigation

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METRIC *		RVSM		NON-RVSM		METRIC (CHINA)	
← 13,100 m (FL430) —		← FL430 —		← FL430 —			
	→ 12,100 m (FL397) ←		→ FL410 ←		→ FL410 ←		
← 11,600 m (FL381) —		← FL400 —	→ FL390 ←	← FL390 —		← 12,000 m (FL394) —	
	→ 11,100 m (FL364) ←	← FL380 —	→ FL370 ←		→ FL370 ←		→ 11,400 m (FL374) ←
← 10,600 m (FL348) —		← FL360 —	→ FL350 ←	← FL350 —		← 10,800 m (FL354) —	
	→ 10,100 m (FL331) ←	← FL340 —	→ FL330 ←		→ FL330 ←		→ 10,200 m (FL335) ←
← 9,600 m (FL315) —		← FL320 —	→ FL310 ←	← FL310 —		← 9,600 m (FL315) —	
	→ 9,100 m (FL299) ←	← FL300 —	→ FL290 ←		→ FL290 ←		→ 9,000 m (FL295) ←
← 8,600 m (FL282) —		← FL280 —	→ FL270 ←	← FL280 —		← 8,400 m (FL276) —	
	→ 8,100 m (FL266) ←	← FL260 —	→ FL250 ←	← FL260 —	→ FL270 ←	← 7,800 m (FL256) —	→ 8,100 m (FL266) ←
← 7,800 m (FL256) —		← FL240 —	→ FL230 ←	← FL240 —	→ FL250 ←	← 7,200 m (FL236) —	→ 7,500 m (FL246) ←
	→ 7,500 m (FL246) ←	← FL220 —	→ FL210 ←	← FL220 —	→ FL230 ←	← 6,600 m (FL217) —	→ 6,900 m (FL226) ←
← 7,200 m (FL236) —		← FL200 —	→ FL190 ←	← FL200 —	→ FL210 ←	← 6,000 m (FL197) —	→ 6,300 m (FL207) ←
	→ 6,900 m (FL226) ←	← FL180 —		← FL180 —	→ FL190 ←	← 5,400 m (FL177) —	→ 5,700 m (FL187) ←
← 6,600 m (FL217) —							
	→ 6,300 m (FL207) ←						
← 6,000 m (FL197) —							
	→ 5,700 m (FL187) ←						
← 5,400 m (FL177) —							

FLIGHTLEVEL CONVERSIONS  
METRIC -RVSM - NON-RVSM - METRIC (CHINA)

\* system of metric cruising levels as applied, for instance, in the Russian Federation (for China, see "METRIC (CHINA)")

→ Tracks 000° - 179° (or 090° - 269°, for instance, in the FIRs/UIRs of Italy, France, Portugal and Spain)

← Tracks 180° - 359° (or 270° - 089°, for instance, in the FIRs/UIRs of Italy, France, Portugal and Spain)